Healing Arts Practitioners: Marblehead Chamber of Commerce
UMAC Health Fair Saturday June 20th 2009 12-4pm
1005 Paradise Road, Vinnin Square Plaza, Swampscott, MA 01907 Tel: 781-581-8887

Healing Art of Chiropractic

Marblehead Chiropractic: Dr. Paul Milone-serving the people of Marblehead and it’s surrounding communities since 1993.
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Martial Arts Taught: Kung Fu; Tai Chi; Bagua Zhang; Ship Pal Gye (18 Weapons) Kom Do (Samurai Sword) Kong Su Do (Tae Kwon Do
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Tel: 781-581-8887
www.umacmarblehead.com

Healing Art of Reflexology

FOOTPRINTS REFLEXOLOGY THERAPY tel: (781)-367-5141
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Circulation opens as oxygen and nutrients are brought to areas previously blocked by toxins from stress, injury and environment. The body then begins to repair itself. This technique for healing has been used for centuries. annwettlauffer@verizon.net
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Healing Art of Yoga

Namaste Yoga
"honoring and uniting the divine within us all"

Elizabeth O’Shea has been studying yoga with Patricia Walden since 1976. She has also studied with many prominent teachers including B.K.S. Iyengar in Pune, India. She was certified in the Iyengar tradition and now she follows her own voice in training others to learn and teach this sacred art of yoga.
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