



Sunday, October 25, 2009
Lynch/van Otterloo YMCA
10am to 4pm

Vendor Booth Descriptions & Special Offers

AAAAA Private Home Care
Blood Sugar Checks

A Dancer's Dream & LivingWell
A Dancer's Dream - Goodie Bags for the first 100 kids & A "You're Tutu Special" Stuffed Dance Bag Give Away! Come find out how much FUN a well rounded dance education can be!!
LivingWell - Complimentary Chair & Hand Massage - Rest, Relief, Rejuvenate.

A Sacred Place Wellness Center
Massage, deep tissue, Swedish, Thai, Reiki, Shiatsu, Pregnancy, Cancer tonic & baths

ALINE
Knee Alignment

Arbonne International
5 Minute Makeovers, botanical skin care products

Atlantic Hearing Care, Inc.
Free Testing of Safe Listening Levels using iPods
"Like to listen loud?? Bring your iPod to the Atlantic Hearing Care table and audiologist Dr. Joan McCormack will test your iPod to make sure you listen at safe levels to preserve your hearing.

Boston Ballet School
Boston Ballet School will be provided complimentary introductory Ballet classes and Ballet stories programs. The classes and programs will be held upstairs at the YMCA in the Boston Ballet School facilities and will be 30 minutes long.

Burn Marblehead
Body Fat Analysis and personal exercise plans

Cabot Farm Enterprises
Green household products, nutritional supplements

Complete Mind and Body
Tiki Bar, smoothie samples

Footprints Reflexology Therapy
15 Minute Reflexology Sessions

Franson Family Chiropractic
Introductory Health Assessments

Full Potential Chiropractic
Spinal Posture Screening

Geri Costanza Massage Works, Inc.
Complimentary Massage Chair Treatments

Get In Shape For Women
Body mass index, body fat testing

Vendor Booth Descriptions & Special Offers (continued)

Gravity Fitness

Fitness consultations

Hand in Hand Massage

Free Chair Massage

Juice Plus+

Smoothies

Lynch/van Otterloo YMCA

"Ask the Personal Trainer" and Free Body Fat Testing – For optimum results, do not eat, drink or exercise an hour before testing.

Manos Sin Fronteras

5 Minute Neural Stimulation

Marblehead Chamber of Commerce

Learn about group health insurance offerings through the Chamber and enter to win 2 tickets to F1 Boston, entertainment and function facility.

Marblehead Chiropractic & Wellness Center

Free hands-on muscle trigger point treatments and Auriculotherapy (ear reflexology) treatments

Marblehead Natural Healing

Green Smoothies

Marblehead Smile Design & Family Dental

Adult water bottles filled with dental goodies. Kids water bottles filled with dental goodies. Raffle for Family Electric Toothbrush Basket. Pumpkin Face Drawing for Kids with Prize

Mouth Watchers, LLC

Oral health and new anti-bacterial tooth brush

Namaste Yoga

Informational Powerpoint Presentation

NEW DAY

Shakes, clothing line

Ready for an Amazing NEW DAY? Come check out NEW DAY, Dana Appel Young/Health Coach and talk about ways to create an amazing new you. You have nothing to lose but weight, toxins and stress. Sign up for free Health Consultation, take home some information dealing with Nutrition, Fitness and Wellness and of course come by and sample some amazing nutritious products. It's a NEW DAY. Amaze Yourself.

Northeast Clinical Services, Inc.

Pulse Oximetry and Blood Pressure Screenings.

To the first 100 NCS is providing Seasonal Flu vaccines for \$10 cash and will be given a receipt to submit to insurer. Samples are pens and hand sanitizers. We will have 3 large tote bags filled with goodies to give out. Name in bowl. Call one name at 11 then 1 and 3.

Radiant Touch Studios, LLC

Showing before & after using machine

Shaughnessy-Kaplan Rehabilitation Physical Therapy

Ask a Physical Therapist and Injury Screenings